



RECOMMENDED COUNSELORS:

- **Karis House:** 314-266-6159
- **Agape Christian Counseling:** (multiple locations in MO & IL)
(314) 994-9344 (call or text) (They offer online counseling or in-person)
- **Revision Christian Counseling:** (314) 802-6232
- **Comtrea:** (636) 376-0079

REFERRAL LIST:

- **LifePointe Counseling**
(onsite psychiatry assessment & treatment if needed & has onsite child/adolescent treatment expert)
(314) 849-2120
- **Generations Counseling**
(multiple locations in MO)
(314) 717-0319
- **Oasis Counseling Services**
(multiple locations in MO)
(314) 310-2921
- **Wellspring Christian Counseling**
(636) 344-0278 or (636) 795-5457
- **Restoration Counseling Center**
(636) 939-4343
- **St. Louis Behavioral Medicine Institute**
(in-patient and out-patient services – faith based and secular counseling)
(314) 289-9411
- **Dr. Sundeep Jayaprabhu** (Psychiatry)
(314) 862-7755
- **Dr. Robin Androphy** (Psychiatry)
(314) 997-5208
- **Rachel Hanes** (Nutritionist)
freedomfoundnutrition@gmail.com
- **Courtney Watring, MS, RD, LD** (Nutritionist)
(636) 452-2465
- **Alana Sims-Walling, RD, LD at Gray Area Nutrition**
(Nutritionist)
*only offers virtual sessions
(561) 448-6848
- **The Aviary Recovery Center**
(Addiction Recovery)
(888) 979-2411
- **Harris House**
(Addiction Recovery)
(314) 631-4299
- **Teen Challenge**
(855) 363-2334