



Week One Scriptural Declarations

1. I am a new creation in Christ Jesus. Old things have passed away and all things are new.
2 Corinthians 5:17
2. I thank You that He who knew no sin became sin for me that I might be made the righteousness of God in Jesus Christ. 2 Corinthians 5:21
3. God has not given me a spirit of fear, but of power, love and a sound mind. 2 Timothy 1:7
4. Lord, I choose to dedicate my body to You as a living sacrifice, and I will not conform to this world but will be transformed continually by the renewing of my mind. Romans 12:1-2
5. Lord, I have hidden Your Word in my heart that I might not sin against You. Psalm 119:11
6. The Lord has given me power and authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will hurt me. Luke 10:19
7. I am an overcomer and I overcome by the blood of the Lamb and the word of my testimony.
Revelation 12:11



Week Two Scriptural Declarations

1. Lord, I thank You that I am quick to hear (a ready listener), I am slow to speak, and I am slow to take offense and get angry. James 1:19
2. God is my refuge and my strength, a very present help in the time of trouble. Psalm 46:1
3. Because Jesus was tempted just like me but never sinned, I will come boldly before His throne of grace to receive mercy and find help in my time of need. Hebrews 4:15-16
4. Lord I thank You that when I confess my sins, You are faithful and just to forgive me of my sins and to cleanse me from all unrighteousness. 1 John 1:9
5. Because I choose to submit myself to God, I resist the devil and he flees from me. James 4:7
6. I am of God and have overcome Satan, for greater is He who is in me than he that is in the world. 1 John 4:4
7. I will keep my way pure by conforming my life to the Word of God. Psalm 119:9



Week Three Scriptural Declarations

1. Lord, I thank You that Your Word will not return to You void but it will accomplish what You please and it will prosper in the thing for which You sent it. Isaiah 55:11
2. Your Word is a lamp to my feet and a light to my path. Psalm 119:105
3. I will let the Word of Christ dwell in me richly in all wisdom... Colossians 3:16
4. The entrance of Your Word gives light; it gives understanding to the simple. Psalm 119:130
5. Strengthen me according to Your Word and remove from me the way of lying. Psalm 119:28-29
6. Direct my steps by Your Word, and let no iniquity have dominion over me. Psalm 119:133
7. I will trust in the Lord with all my heart and lean not to my own understanding but in all of my ways I will acknowledge Him and He will direct my path. Proverbs 3:5-6



Week Four Scriptural Declarations

1. I am complete in Him who is the head of all principality and power. Colossians 2:10
2. I can do all things through Christ who strengthens me. Philippians 4:13
3. I will lay aside every weight and the sin that so easily besets me, and I will run with endurance the race that is set before me, looking unto Jesus, the author and finisher of my faith. Hebrews 12:1-2
4. For it is God who works in me both to will and to do His good pleasure. Philippians 2:13
5. If we walk in the light as He is in the light, we have fellowship with one another and the blood of Jesus Christ cleanses us from all sin. 1 John 1:7
6. No temptation has overtaken me that is not common to man; but God is faithful, who will not allow me to be tempted beyond what I am able, but with the temptation will also make the way of escape. 1 Corinthians 10:13
7. God's Word will not depart from my mouth, but I will meditate on it day and night that I may observe to do according to all that is written in it. For then I will make my way prosperous, and then I will have good success. Joshua 1:8



Week Five Scriptural Declarations

1. I open my mouth with wisdom and on my tongue is the law of kindness. Proverbs 31:26
2. Set a guard, O Lord, over my mouth and keep watch over the door of my lips. Psalm 141:3
3. Lord, You will light my lamp and enlighten my darkness. For by You I can run through a troop and leap over a wall. Psalm 18:28-29
4. Whenever I am afraid I will trust in You. In God I have put my trust; I will not fear. What can man do to me? Psalm 56:3-4
5. Lord, You will keep me in perfect peace because my mind is stayed on You because I trust in You. Isaiah 26:3
6. Lord, You will show me the path of life. In Your presence is fullness of joy and at Your right hand are pleasures forevermore. Psalm 16:11
7. Teach me Your way Lord and I will walk in Your truth. Unite my heart to fear Your name. Psalm 86:11



Week Six Scriptural Declarations

1. The fear (respect and reverence) of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.” – so I will not be a fool! Proverbs 1:7
2. Because of God’s promises, I will cleanse myself from all filthiness of the flesh and spirit, perfecting holiness in the fear (respect and reverence) of God. 2 Corinthians 7:1
3. The fear of man brings a snare, but because I trust in the Lord, I will be safe. Proverbs 29:25
4. He who trusts in his own heart is a fool, so I will walk wisely and be delivered. Proverbs 28:26
5. I will boldly say: “The Lord is my helper; I will not fear. What can man do to me?” Hebrews 13:6
6. If I cover my sins I will not prosper, but I will confess and forsake them so I can have mercy. Proverbs 28:13
7. Because I have set my love upon God, He will deliver me and He will set me on high because I know His name. Psalm 91:14



Week Seven Scriptural Declarations

1. I will dwell in the secret place of the Most High, I will abide under the shadow of the Almighty, and I will say of the Lord, "He is my refuge and my fortress; my God, in Him I will trust." Psalm 91:1-2
2. As I live in God, love is being perfected in me so that I may not be afraid in the day of judgment; because as He is, so am I in this world. 1 John 4:17
3. There is no fear in love; but perfect love casts out all fear and torment. Because I have been perfected in love, I will not fear! 1 John 4:18
4. I will seek the Lord and His strength; I will seek His face forevermore! Psalm 105:4
5. I will not be unequally yoked with unbelievers, for light and darkness have no fellowship or communion with each other. 2 Corinthians 6:14
6. I will come out from among them and be separate and not touch what is unclean, and God will receive me. He will be a Father to me and I will be His daughter (or son if you are a guy). 2 Corinthians 6:17-18
7. I can be sure of this: the Lord has set apart the godly for Himself, and the Lord will answer me when I call to Him. Psalm 4:3



Week Eight Scriptural Declarations

1. Hear me when I call, O God of my righteousness! You have relieved me in my distress; have mercy on me, and hear my prayer. Psalm 4:1
2. I will not fear for You are with me; I will not be dismayed, for You are my God. You will strengthen me and help me, You will uphold me with Your righteous right hand. Isaiah 41:10
3. A man's pride brings him low, but a man of humility gains honor. – I choose humility. Proverbs 29:23
4. Every word of God is pure; You are my shield because I put my trust in You. Proverbs 30:5
5. The fear of the Lord is the beginning of wisdom; I have good understanding because I do Your commandments. Psalm 111:10
6. For You will be merciful to my unrighteousness, and my sins and lawless deeds You will remember no more. Hebrews 8:12
7. The Spirit of God is upon me, because the Lord has anointed me to preach good news to the poor; He has sent me to heal the brokenhearted and to proclaim liberty to the captives... Isaiah 61:1



Week Nine Scriptural Declarations

1. There is now no condemnation for me because I am in Christ Jesus and I do not walk according to the flesh, but I walk according to the Spirit. Romans 8:1
2. Instead of my former shame I will have double honor, and instead of disgrace I will rejoice in my inheritance; and I will possess double in my land and everlasting joy will be mine. Isaiah 61:7
3. Every word of God is pure; He is a shield to those who put their trust in Him. – So I will put my trust in Him! Proverbs 30:5
4. God’s Word is living and powerful, sharper than any two-edged sword, dividing between soul and spirit, joints and marrow, and helping me discern the very thoughts and intents of my heart. Hebrews 4:12
5. All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that I may be complete, thoroughly equipped for every good work. 2 Timothy 3:16-17
6. In Your light I see light. Psalm 36:9
7. I will study to show myself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth. 2 Timothy 2:15



Week Ten Scriptural Declarations

1. Jesus is the light of the world. I will follow Him and not walk in darkness, but have the light of life. John 8:12
2. Let integrity and uprightness preserve me, for I wait for You. Psalm 25:21
3. You have made known to me the ways of life; You will make me full of joy in Your presence. Acts 2:28
4. I will love the Lord my God with all my heart, with all my soul, with all my mind, and with all my strength. This is the first commandment. And the second, like it, is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these. – So I will love the Lord, my neighbors, and myself! Mark 12:30-31
5. The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? Psalm 27:1
6. The Lord will perfect that which concerns me; Your mercy, O Lord, endures forever. Do not forsake the works of Your hands. Psalm 138:8
7. The Lord is my hiding place and my shield; I hope in Your Word. Psalm 119:114



Week Eleven Scriptural Declarations

1. I am convinced that neither death or life, principalities or powers, things present or things to come, not height or depth, or any other created thing, will be able to separate me from the love of God which is in Christ Jesus my Lord. Romans 8:38-39
2. I will stand in the liberty by which Christ has made me free, and I will not be entangled again with a yoke of bondage. – It is for freedom that Christ set me free! Galatians 5:1
3. Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my redeemer. Psalm 19:14
4. Every good and perfect gift is from above, and comes down from the Father of lights, with whom there is no variation and not even a shadow of turning. James 1:17
5. Jesus Christ is the same yesterday, today, and forever! Hebrews 13:8
6. I will come to God because I believe that HE IS, and that He is a rewarder of those who diligently seek Him. – So I will diligently seek Him! Hebrews 11:6
7. When I call to God, He will answer me and show me great and mighty things that I do not know. Jeremiah 33:3



Week Twelve Scriptural Declarations

1. God, You are good and You do good; teach me Your ways! Psalm 119:68
2. I will not live by bread alone, but by every word that proceeds out of the mouth of God. Matthew 4:4
3. For God is not the author of confusion, but of peace. – I command all confusion to go in Jesus' name! 1 Corinthians 14:33
4. I have great peace because I love Your Word and nothing causes me to stumble or be offended. Psalm 119:165
5. Search me, O God, and know my heart; try me and know my anxious thoughts, and see if there is any wicked way in me, and lead me in the way everlasting. Psalm 139:23-24
6. If I am willing and obedient, I will eat the good of the land. – I will be willing and obedient! Isaiah 1:19
7. I will not grow weary in well doing, for in due season I will reap if I do not lose heart. Galatians 6:9



Week Thirteen Scriptural Declarations

1. I was once darkness, but now I am light in the Lord, so I will walk as a child of light. Ephesians 5:8
2. I will do all things without complaining and arguing, that I may be blameless and harmless, a child of God without fault in the midst of a crooked and perverse generation who shines as a light in the world. Philippians 2:14-15
3. I will let my love be without hypocrisy, and I will hate what is evil and cling to what is good. Romans 12:9
4. Blessed are the pure in heart, for they shall see God. Matthew 5:8 (My heart stays pure because I conform my life to the Word of God. – Psalm 119:9)
5. I will let my light shine before all men that they may see my works and then they will glorify my Father in heaven. Matthew 5:16
6. Jesus has come as a light into the world, and because I believe in Him, I will not abide in darkness. John 12:46
7. A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasures of his heart brings forth evil. For out of the abundance of the heart the mouth speaks. – Therefore, I will fill my heart with God's Word. Luke 6:45



Week Fourteen Scriptural Declarations

1. I have been crucified with Christ, yet it is no longer I who lives, but Christ now lives in me. And the life that I now live in the flesh, I live by faith in the Son of God, who loved me and gave Himself for me. Galatians 2:20
2. I have been called to liberty, so I will NOT use my liberty as an opportunity for the flesh, but through love I will serve others. Galatians 5:13
3. I will love my enemies and bless those who curse me, and I will do good to those who hate me, and pray for those who spitefully use me and persecute me. (God's ways are higher!) Matthew 5:44
4. Jesus says when I ask it will be given to me, when I seek I will find, when I knock it shall be opened to me. For everyone who asks receives, and he who seeks finds, and he who knocks it will be opened. Matthew 7:7-8
5. This is my comfort in my affliction, for Your Word has given me life. Psalm 119:50
6. For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes! Romans 1:16
7. For there is no partiality with God. Romans 2:11



Week Fifteen Scriptural Declarations

1. I will love my neighbor as myself, because if we bite and devour one another, we will be consumed by one another. Galatians 5:14-15
2. I will not be overcome with evil, but I will overcome evil with good. Romans 12:21
3. I choose not to judge others, because if I do judge others I will also be judged. Whatever measure I use is measured back to me again. It is not right to look at the speck in someone else's eye and not consider the plank in my own eye. Matthew 7:1-3
4. Blessed are the merciful, for they shall obtain mercy. Matthew 5:7
5. If I forgive others, then my heavenly Father forgives me. But if I do not forgive others, neither will my Father forgive my trespasses. Matthew 6:14-15
6. If a person is overtaken in any sin, those who are spiritually mature will restore that person in a spirit of gentleness. Galatians 6:1
7. This is my commandment, that you love one another as I have loved you. – I will love others with God's love! John 15:12



Week Sixteen Scriptural Declarations

1. Jesus said, "If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will save it." – I will deny myself and follow Christ! Luke 9:23-24
2. He must increase, which means I must decrease. John 3:30
3. I will be a doer of God's Word, not just a hearer only, deceiving myself. James 1:22
4. Forever, O Lord, Your Word is settled in heaven. Psalm 119:89
5. When I cry out, You answer me and make me bold with strength in my soul. Psalm 138:3
6. When I give, it will be given back to me: good measure, pressed down, shaken together, and running over. For the same measure that I use with others is the same measure that will come back to me. – I will be a giver! Luke 6:38
7. I will let the peace of God rule in my heart and my mind to which I am called, and I will be thankful. Colossians 3:15



Week Seventeen Scriptural Declarations

1. I will come to Jesus when I labor and am heavy laden, and He will give me rest. I will take His yoke upon me and learn from Him, for He is gentle and lowly in heart, and I will find rest for my soul. For His yoke is easy and His burden is light. Matthew 11:28-30
2. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. John 3:17 (God's Word tells me that I am not condemned!)
3. I rejoice at Your Word as one who finds great treasure. Psalm 119:162
4. I will give myself continually to prayer and to the ministry of the Word. Acts 6:4
5. I will let no corrupt word proceed out of my mouth, but what is good for necessary edification, that it may impart grace to the hearers. Ephesians 4:29
6. I will consider myself dead to sin and alive unto God. Romans 6:11
7. I have inclined my heart to perform Your statutes forever, to the very end. Psalm 119:112



Week Eighteen Scriptural Declarations

1. For I know the plans God has for me, plans to prosper me and not to harm me, plans to give me hope and a future. Jeremiah 29:11
2. God has set before me life and death, blessings and curses. I choose life, so that me and my children (both my natural and spiritual children) may live. Deuteronomy 30:19
3. I will seek first the kingdom of God and His righteousness, and all the things I need shall be added to me. Matthew 6:33
4. In the way of righteousness is life, and in its pathway there is no death. Proverbs 12:28
5. In righteousness I shall be established; I shall be far from oppression, for I shall not fear; and from terror, for it shall not come near me. Isaiah 54:14
6. The thief comes only to steal, kill, and destroy; I (Jesus) have come that they may have life, and have it more abundantly. John 10:10
7. This is the day the Lord has made; I will rejoice and be glad in it. Psalm 118:24



Week Nineteen Scriptural Declarations

1. I will pray, because God's Word tells me that the earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]. James 5:16 (Amplified)
2. God's Word tells me that if I will declare and decree a thing, it will be established for me and light will shine on my ways. Job 22:28
3. I will fear no evil, for You are with me Lord, Your Word and Your spirit comfort me. Psalm 23:4
4. I will follow the good Shepherd because I know His voice and the voice of a stranger I will not follow. John 10:4-5
5. No evil shall befall me, nor shall any plague come near my dwelling; for He shall give His angels charge over me, to keep me in all my ways. Psalm 91:10
6. My God shall supply all my need according to His riches in glory by Christ Jesus. Philippians 4:19
7. God is able to make all grace abound toward me, that I, always having all sufficiency in all things, may have an abundance for every good work. 2 Corinthians 9:8



Week Twenty Scriptural Declarations

1. It is better for me to trust in the Lord than to put my confidence in man. Psalm 118:8
2. I will cast my burden on the Lord, and He shall sustain me. He shall never permit the righteous to be moved. Psalm 55:22
3. It shall be well with the righteous, for they shall eat the fruit of their doings. - I choose righteousness! Isaiah 3:10
4. Many sorrows shall be to the wicked; but he who trusts in the Lord, mercy shall surround him. - I will put my trust in the Lord! Psalm 32:10
5. The eyes of the Lord are on the righteous, and His ears are open to their cry. - God hears me! Psalm 34:15
6. The righteous cry out, and the Lord hears, and delivers them out of all their troubles. - God delivers me! Psalm 34:17
7. Many are the afflictions of the righteous, but the Lord delivers him out of them all. Psalm 34:19



Week Twenty-One Scriptural Declarations

1. I will be still and know that He is God. Psalm 46:10
2. God will keep me in perfect peace because my mind is stayed on Him, because I trust in Him. Isaiah 26:3
3. Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever. Psalm 23:6
4. God, give me help from trouble, for the help of man is useless. Through God I will do valiantly, for it is He who shall tread down my enemies. Psalm 60:11-12
5. Let another man praise you, and not your own mouth; a stranger, and not your own lips. Proverbs 27:2
6. I will build myself up by praying in the Holy Spirit, and I will keep myself in the love of God, looking for the mercy of our Lord Jesus Christ. Jude 20-21
7. The peace of God that passes all understanding will guard my heart and mind through Christ Jesus. Philippians 4:7



Week Twenty-Two Scriptural Declarations

1. I will guard my mouth and my tongue so that I can keep my soul from trouble. Proverbs 21:23
2. For You, Lord, are good and ready to forgive, and abundant in mercy to all those who call upon You. – So I will call upon You! Psalm 86:5
3. Be my strong refuge, to which I may resort continually; You have given the commandment to save me, for You are my rock and my fortress. Psalm 71:3
4. I will learn to do good, seek justice, rebuke the oppressor, defend the fatherless, and plead for the widow. Isaiah 1:17
5. Lord, You are my God. I will exalt You, I will praise Your name, for You have done wonderful things! Isaiah 25:1
6. His grace is sufficient for me, for His strength is made perfect in my weakness. When I am weak, I will allow His strength and power to work in me. 2 Corinthians 12:9
7. I will honor the Lord with my possessions, and with the first fruits of all my increase. Proverbs 3:9



Week Twenty-Three Scriptural Declarations

1. I will praise You, O Lord, with my whole heart; I will tell of all Your wonderful works. Psalm 9:1
2. I will be glad and rejoice in You; I will sing praise to Your name, O Most High. Psalm 9:2
3. The Lord is my rock and my fortress and my deliverer; my God, my strength in whom I will trust; my shield and the rock of my salvation, my stronghold. Psalm 18:2
4. I will bless the Lord at all times; His praise shall continually be in my mouth. Psalm 34:1
5. I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well. Psalm 139:14
6. I will delight myself in Your statutes; I will not forget Your word. Psalm 119:16
7. I will lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety. Psalm 4:8



Week Twenty-Four Scriptural Declarations

1. I will praise You, O Lord my God, with all my heart, and I will glorify Your name forevermore. Psalm 86:12
2. I will sing to the Lord as long as I live; I will sing praise to my God while I have my being. Psalm 104:33
3. Every day I will bless You, and I will praise Your name forever and ever. Psalm 145:2
4. I will call upon God, and the Lord shall save me. Psalm 55:16
5. I will hope continually, and I will praise You more and more. Psalm 71:14
6. I will also meditate on all Your work, and talk of Your deeds. Psalm 77:12
7. You are my God, and I will praise You; You are my God, I will exalt You. Psalm 118:28



Week Twenty-Five Scriptural Declarations

1. I will let no one despise my youth, but I will be an example in word, in conduct, in love, in spirit, in faith, and in purity. 1 Timothy 4:12
2. I will meditate on the things of God, and I will give myself entirely to them, so that my progress may be evident to all. 1 Timothy 4:15
3. I choose to bless those who persecute me; I choose to bless them and not curse them. Romans 12:14
4. Because I hunger and thirst for righteousness, I will be filled. Matthew 5:6
5. I will not withhold good from those to whom it is due, when it is in the power of my hand to do so. Proverbs 3:27
6. I will live in harmony with others, and will not be snobby or exclusive. I will give myself to humble tasks and not be wise in my own opinion. Romans 12:16
7. I will repay no one evil for evil, but will think on what is honest and good, aiming to live above reproach in the sight of everyone. Romans 12:17



Week Twenty-Six Scriptural Declarations

1. If I meditate on and do God's Word, I will be like a tree planted by rivers of water, that brings forth fruit in its season, and my leaf shall not wither; and whatever I do will prosper. Psalm 1:3
2. Because I wait on the Lord, He shall renew my strength; I will mount up with wings like eagles, I will run and not be weary, I will walk and not faint. Isaiah 40:31
3. The Lord God has given me the tongue of the learned that I should know how to speak a word in season to him who is weary. He wakens me morning by morning, He wakens my ear to hear as the learned. Isaiah 50:4
4. God has raised me up in righteousness, and He will direct all my ways; I shall build His city and let the exiles go free, not for price or reward. Isaiah 45:13
5. When it is possible, as much as it depends on me, I will live peaceably with all men. Romans 12:18
6. God loves justice; He will direct my work in truth, and will make with me an everlasting covenant. Isaiah 61:8
7. I will arise and shine for my light has come and the glory of the Lord is risen upon me! Isaiah 60:1