



COUNSELING SERVICES:

- **Granberry Counseling Center:** 318-345- 8200
- **Crossings Counseling:** (Tami Bullock) 318-504-9200
- **Lesley Lowman:** 318-599-9798
- **Better Path Counseling and Wellness:** (Beth V. & Sanya R.) 318-577-2729
- **Strategic Counseling Solutions:** 318-450-8719
- **Finding Solace:** 318-737-7201
- **Banner Mental Health Institute:** 318-396-8152
- **Heather Mullins Counseling:** 318-303-3278
Email: heather.mullins@heathermullinscounseling.com
- **Living Water Family Services:** 318-343-6966
- **First West Counseling:** 318-322-1422
- **Gill Martin:** (Christ Church–WM location) 318-816-8427
- **Dianne Davis:** 318-816-5116
- **Healing Journey:** (Myisha Jackson) 318- 582-5147
- **Dragon Fly Harbor:** (Jennifer or Tiffany) (Telehealth or In-person)
Email: thedragonflyharbor@gmail.com

COMMUNITY RESOURCES:

- **Rachel Hanes**
(Nutritionist)
freedomfoundnutrition@gmail.com
- **P31 Recovery House**
318-237-8857
- **Louisiana Baptist Children’s Home**
(For mothers and children)
318-343-1244
- **Louisiana Teen Challenge**
(Minden, for mothers and children)
318-648-1100
- **Lincoln Nova Vital Recovery**
318-224-4967
- **Pecan Haven Addiction Recovery Center**
318-600-3333

- **Bawcomville Hope**

(Rachel)

318-235-3879

- **Freedom 13**

(Ruston)

318-255-1244

- **2 Penny Mission**

318-355-2423

- **Salvation Army**

318-325-1755

- **Family Promise**

(Services for Unhoused)

318-645-4101

- **The Renewal Center of NE Louisiana**

(Services for Unhoused)

318-605-2974

- **The Wellspring for Women and Children**

318-323-1505

- **New Day Recovery**

(Inpatient & Outpatient Services)

318-855-8773

- **Fresh Start Addiction Recovery Services**

(Winnsboro)

318-435-7061

- **Freedom Challenge**

(Bastrop)

318-669-1982

- **Rays of Sunshine Recovery Services**

1-844-710-4673