



Keys to FREEDOM

Leader and Mentor Training

YOUR CALL

Qualities of a Keys to Freedom Leader

- *Keys to Freedom Leaders seek to walk in _____!*
- *Keys to Freedom Leaders avoid _____ those who come to them for help. Grace provides a context where vulnerability is safe and seen as strength, not weakness.*
- *Keys to Freedom Leaders focus on _____, not on _____.*
- *Keys to Freedom Leaders inject _____. They focus on the future, not the past.*



What You Are NOT

One of the most important things to remember is that your role is to be a _____,

not a _____.

The weight of _____ is on the person you are helping, not on you.

Do not let others hand you their responsibilities.

2 People You Can't Help:

1. Those who refuse to _____ they have a problem.

2. Those who will not _____ in themselves at a greater level than you _____ in them.



You cannot want healing and freedom for them more than they want it for themselves.

One of the most helpful things you can do for someone who is not interested or ready for true change is to communicate your care for them and your desire to see them change, set strong boundaries and then surrender them to the Lord in prayer.



LOVING PEOPLE WELL

Understanding the Source of People's Pain

Much of the pain people live with comes as a direct result of painful or disappointing

_____ where trust was broken.

How did Jesus respond to hurting people?

He _____ them as they were, but He refused to _____ them as they were.

Now we are the ones to whom that ministry has been entrusted!

_____ you work with someone is more important than the _____
that you give to them.

Keys to loving people well:

- _____ carefully, actively, and prayerfully.
- Offer _____.
- Validate their _____.



SAFEGUARDING YOURSELF

It is important that you establish safeguards for yourself as you lead others through the *Keys to Freedom* study. We suggest the following:

Establish healthy _____ with those you are leading. Boundaries let God be God. Your main objective is to help people get closer to Him so He can help them.

Develop a _____.

Take care of _____!

Free people free people!

- Know what _____ you, and intentionally surround yourself with these things, people, experiences, surroundings.
- Set up your own _____ team.
- Stay committed to your personal _____.

Abide in me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing. –John 15:4-5